# The Armor of AYAL (Yahuah)

Finally, my brethren, be strong in **3Y32** (Yahuah) and in the power of His might. 11 Put On the Whole Armor of ayat (Yahuah), that you may be able to stand against the wiles (devious or cunning, lure; enticements) of HaSatan (the devil). 12 because to us the wrestling is not against blood and flesh, but against the rulers, against the authorities (power, authority, weight, especially: moral authority, influence), against the cosmic powers (ruler of this world, that is, of the world as asserting its independence from aYal (Yahuah); used of the angelic or demonic powers controlling the sublunary world), of this darkness, against the spiritual forces of wickedness, iniquities in the heavenly realms (celestial, in the heavenly sphere, the sphere of spiritual activities; divine, spiritual). 13 Therefore take up the Whole Armor of **3Y31** (Yahuah), that you may be able to withstand in the evil day, and having done all, to stand. 14 Stand therefore, having **Truth** (**Turah**/**Tanakh**) (**Truth** as in Moral, Divine Truth) like a belt around your waist, having put on the **Breastplate of Righteousness**, 15 and with your feet fitted with the readiness that comes from the good news of Shalum (Peace); 16 above all, taking the Shield of Amunah (Faith/Belief/Trust) with which you will be able to guench all the fiery darts of the wicked one.17 And take the **Helmet of** Salvation, and the Sword of the Ruch (Spirit), which is the Word (Scripture/OWYAZ (Yahusha) of \$\frac{4}{3} (Yahuah); 18 praying always with all Prayer and Supplication in the Ruch (Spirit), being watchful to this end with all perseverance and supplication for all the chosen believers 19 and for me, that utterance may be given to me, that I may open my mouth boldly to make known the mystery of the message of the Mashiach (Messiah/Gospel), (means: "Proclaim the message of gladness, to proclaim good news"), 20 for which I am an ambassador in chains; that in it I may speak boldly, as I ought to speak. "Ephesians 6:10-20"

# PUT ON THE WHOLE ARMOR OF \$\frac{4}{3}\frac{2}{3}\tag{YAHUAH}

# 1). The Belt (Supporter) of Truth

What is truth? Scripture is Truth, the Turah is Truth! When OWY31 (Yahusha) prayed to the Father in John 17:17 he said, "Sanctify them by your truth. Your word is truth."

**AYAL** (Yahuah)'s Word is inerrant and unchanging, and so we continue to uphold the truth of Scripture regardless of how the culture changes.

Scripture should have an effect on the way we live, raise our kids, do business, and how we engage our communities. We are trying to rescue those who have been ensnared by false teaching, theological or otherwise.

"Stand therefore, having girded (encircle, secure) your waist with Truth (Turah)," Paul says. Truth (The Turah) is the belt that secures the other pieces of the armor in place. There are two (2) ways in which truth is a part of the armor of **3Y32** (Yahuah).

First (1st), it refers to the truths of Scripture. OWYAL (Yahusha) said, "You shall know the truth, and the truth shall make you free" (verse 32). The great truths of Scripture—the love of AYAL (Yahuah), salvation through Amunah (faith) in OWYAL (Yahusha), the Second (2nd) Coming, forgiveness of sin, unmerited favor and power to live for AYAL (Yahuah)—these truths set us free.

The Second (2nd) way that truth serves as a belt, holding together the full armor of ayat (Yahuah), is our personal commitment to truth. Our commitment to living a life that is upright (Righteous), transparent, and without deceit. Integrity and honesty are vital. People should know that they can depend on you to be a person of truth and principle.

### 2). The Breastplate Of Righteousness

Faithfully living out the truth is part of what it means to Put on the "Breastplate of Righteousness." The Believer's Purity. For the believer, the breastplate is Righteousness.

We are attacked not only with lies, but also with impurity. The lure to read filthy magazines, watch immoral movies, and engage in all temptations of the flesh. The bottom line is that sin wants to get into your heart and mind. It's looking for a crack in your armor. Is your heart pure (Righteous) before **AYAL** (Yahuah)?

The breastplate covers the heart and shields it and the other vital organs. Scripture says, "Keep your heart with all diligence, for out of it spring the issues of life" (**Proverbs** 4:23).

For in the heart is belief unto Righteousness, and in the mouth is confession unto Salvation. **Romans 10:10** 

That is what OWYAL (Yahusha)'s righteousness does for you. It protects you against all of HaSatan's accusations and charges. This righteousness is not made up of the good deeds you do. Scripture is clear that none of us are righteous in ourselves Romans 3:10.

The Breastplate of Righteousness is entirely the Righteousness of OWYAL (Yahusha), which He gives us freely when we accept Him as the Son of AYAL (Yahuah) and our Mashiach (2 Corinthians 5:21; Ephesians 2:8, 9; Philippians 3:9). It is OWYAL (Yahusha)'s righteousness—not our own righteousness—that covers and protects us.

This Righteousness that becomes our breastplate is a Rightness with **3Y31** (Yahuah) which can only be obtained through the message of **OWY31** (Yahusha) HaMashiach. his righteousness brings us Shalum (Peace)

# 3). Feet Fitted with the Good News of Shalum (Peace)

By fitting your feet with the preparation that comes from the good news of Shalum (peace) **Ephesians 6:15** 

Baruk (Blessed) are the peacemakers, for they will be called sons of **3Y37** (Yahuah).

#### Matthew 5:9

When HaSatan comes against your Shalum (Peace), he throws out stones and briars of doubts and discouragement to cause you to stumble. The Believer's Shalum, our Peace/Rest - As believers of OWYAT (Yahusha), we must come with feet fitted with the good news of Shalum (Peace) going wherever the Ruch leads. The apostle John says, "He who says he abides in Him [OWYAT (Yahusha)] ought himself also to walk just as OWYAT (Yahusha) walked" (1 John 2:6). OWYAT (Yahusha) said, "My sheep hear My voice, . . . and they follow Me" (John 10:27).

That is this "Good News of Shalum (Peace)" which carries us through life.

## 4). The Shield Of Amunah (Faith)

We also have with us the "shield of Amunah (faith)." Ancient shields were oblong shaped and normally 2 1/2 feet by 4 feet that gave a great deal of protection. Similarly, Amunah (faith) shields believers from many troubles.

These troubles are compared to darts. Darts are an especially helpful illustration as a weapon of HaSatan. This is a projectile. By nature, it is launched from a distance to strike its mark unexpectedly.

Like a dart, strong temptations and sinful thoughts come upon us suddenly. Sin seeks to pierce your defenses and inflame lust, pride, anger, contempt, or any number of sinful reactions.

Ancient soldiers were not only up against darts, but these darts were often set on fire before being sent out—making them even more dangerous. These were not quite darts as we think of them, nor were they simply lit arrows. They were more like specially prepared spears that were lit before being launched and designed to spread flammable liquid on the enemy.

To combat these flaming darts, shields were wet down before battle. If they were not, the shields would be set ablaze. Similarly, when temptations to sin hit their mark, they can set our minds and hearts ablaze with wicked thoughts and desires.

This is why we must use the shield of Amunah (faith), which can extinguish these fiery darts. When temptations come, are we going to believe what HaSatan says, or are we going to believe what **AYAL** (Yahuah) said by Amunah (faith)?

After these events, the word of **AYAL** (Yahuah) came to Abram in a vision: "Do not be afraid, Abram. I am your shield, your very great reward." **Genesis 15:1** 

O Yasharal (Israel), trust in **3Y37** (Yahuah); He is their help and their shield. **Psalm** 115:9

**AYAL** (Yahuah) being our shield is vital to our protection against getting hit and burned by HaSatan's flaming arrows of doubt and sinful ways. He wants to place subtle doubts in our minds about **AYAL** (Yahuah) and His Truth. He knows a spark can ignite a big

fire. You will need to feed your Amunah (faith) and starve your doubts. Are there any seeds of doubt in your mind today?

In listing the different pieces of the armor of **AYAL** (Yahuah), Paul says, "Above all, . . . [take] the shield of Amunah (faith) with which you will be able to quench all the fiery darts of the wicked one" (**Ephesians 6:16**). When doubts arise, the shield of Amunah (faith) turns aside the blows. When temptations come, Amunah (faith) keeps us steadfast in following **OWYAL** (Yahusha)'s example. We are able to withstand all the fiery darts, because we know whom we have believed (**2 Timothy 3:12**).

This Amunah (faith) is not something that comes from within us. It is **AYAL** (Yahuah)'s gift to us. He gives each of us a measure of Amunah (faith) (Romans 12:3). Then as we walk with Him, that Amunah (faith) grows and develops until it becomes a shield, protecting us and allowing us to live a victorious life in **AYAL** (Yahuah). This was Paul's experience. He said, "I have been crucified with Mashiach; it is no longer I who live, but Mashiach lives in me; and the life which I now live in the flesh I live by Amunah (faith) in the Son of **AYAL** (Yahuah), who loved me and gave Himself for me" (Galatians 2:20). And at the end of that life of Amunah (faith), he declared, "I have fought the good fight, I have finished the race, I have kept the Amunah (faith)" (2 Timothy 4:7).

That can be your experience as well, as you use the shield of Amunah (faith) to turn aside everything life hurls at you.

He who endures to the end will be saved. Matthew 24:13

# 5). Helmet of Salvation (Ephesians 6:17)

He put on Righteousness like a Breastplate, And a Helmet of Salvation on His head; And He put on garments of vengeance for clothing And wrapped Himself with zeal as a mantle. **Isaiah 59:17** 

Like a Helmet, our Salvation protects us from being dealt a deathblow to our mind. Soldiers use helmets to protect their heads because if his head is wounded, he wouldn't be able to think. Every believer needs to have the mind of Mashiach lead by the Ruch Ah Qudesh. Those who are in Mashiach cannot ultimately be defeated by Sin.

In **Romans 8:38-39** we read: For I am sure that neither death nor life, nor Malakym (angels) nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of ayal (Yahuah) in Owyal (Yahusha) HaMashiach our Adon (Master/Lord).

Our "Helmet of Salvation" gives us confidence, knowing we will emerge victorious. As has been said by others, Believers do not fight for victory, we fight from a position of victory.

The helmet protects the head—perhaps the most vital part of the body since it is the seat of thought and the mind. When we have a sure knowledge of our salvation, we will not

be moved by deceptions. When we are certain that we are in Mashiach with our sins forgiven, we will have a Shalum (Peace) that nothing can disturb.

"If we confess our sins, He [OWYAZ (Yahusha)] is faithful and just to forgive us our sins and to cleanse us from all unrighteousness" (1 John 1:9). "AYAZ (Yahuah) has given us eternal life, and this life is in His Son. He who has the Son has life" (1 John 5:11, 12).

And so we see that the "Whole Armor of **3Y32** (Yahuah)" leaves the Believer well protected against the dangers of the battlefield of life, and we need every part of it. But we have not been equipped only for defense but for offense.

### 6). Sword of the Ruch (Spirit)

The Word of ayal (Yahuah), the Sword is also known as OWYal (Yahusha). So when we are tempted, the most effective weapon that ayal (Yahuah) has given to us as believers is the sword of the Ruch (Spirit), which is the Word of ayal (Yahuah), his Son OWYal (Yahusha).

OWYAL (Yahusha) modeled this so beautifully during His temptation in the wilderness. When HaSatan tried temptation after temptation against Him, OWYAL (Yahusha) used the sword of the Ruach (Spirit). OWYAL (Yahusha) spoke the Word of AYAL (Yahuah) to HaSatan. In Luke 4:1-13, OWYAL (Yahusha) responded, "It is written, 'You shall worship AYAL (Yahuah) Aluhym (God) only. Him only you shall serve." and again brought the Scripture back into context, "It has been said, 'You shall not tempt AYAL (Yahuah) your Aluhym (God)."

The sword of the Ruach (Spirit) works. Memorize Scripture and use the Word of **3Y37** (Yahuah) to defeat HaSatan's lies and attacks.

The sword of the Ruch (Spirit) is the only weapon of offense listed in the armor of ayal (Yahuah). All the other parts are defensive in nature. ayal (Yahuah)'s Word is described as "living and powerful, and sharper than any two-edged sword" (Hebrews 4:12). Owyal (Yahusha) used this weapon when HaSatan tempted Him in the wilderness. To each of HaSatan's efforts to lead Him into sin, Owyal (Yahusha) replied, "it is written..." and proceeded to quote Scripture to destroy HaSatan's temptations. ayal (Yahuah)'s Word is truth (John 17:17). That is why it is so powerful. That is why it is so important that we study the Scriptures and become familiar with its truths and its power. David wrote, "Your word is a lamp to my feet and a light to my path" (Psalm 119:105). The sword of ayal (Yahuah)'s Word both protects us and destroys our enemy—HaSatan (the devil) and his temptations.

# 7). PRAYING always with all PRAYER and Supplication in the Ruach (Spirit)

The prayer of a Righteous man is Powerful and Effective. James 5:16

I exhort therefore, first (1st) of all, that petitions, prayers, intercessions, and giving of thanks be made for all men, for kings and all who are in high places; that we may lead a tranquil and quiet life in all righteousness and reverence. For this is good and acceptable

in the sight of **OWY31** (Yahusha) our Mashiach (Messiah); who desires all people to be saved and come to full knowledge of the truth. **1 Timothy 2:2-4** 

Being watchful to this end with all perseverance and supplication for all the chosen believers 19 and for me, that utterance may be given to me, that I may open my mouth boldly to make known the mystery of the message of the Mashiach (Messiah/Gospel) (means: "Proclaim the message of gladness, to proclaim good news), 20 for which I am an ambassador in chains; that in it I may speak boldly, as I ought to speak. **Ephesians 6:19-20** 

## The Weapons of Our Warfare

2 Corinthians 10:4-5 says: for the weapons of our warfare are not of the flesh, but are from mighty ayal (Yahuah), for the tearing down of strongholds, 5 We destroy arguments and every lofty opinion raised against the knowledge of ayal (Yahuah), and take every thought captive to obey Mashiach.

So what are the weapons that we have? **Ephesians 6:17-18**:

...and take the Helmet of Salvation, and the Sword of the Ruch (Spirit), which is the Word of **3Y31** (Yahuah), Praying at all times in the Ruch (Spirit), with all Prayer and Supplication. To that end keep alert with all perseverance, making supplication for all the Chosen Believers.

The weapons of our warfare are the Sword of the Ruch (Spirit) (the Word of ayal (Yahuah), which is OWYAL (Yahusha) along with Prayer and Fasting.

As iron sharpens iron, so one man sharpens another. Proverbs 27:17

Allow the Ruch to sharpen your Sword skills with other Brothers and Sisters. Allow the Sword of the Ruch to sharpen your reactions when dealing with situations that come against you in this life. When your time of trial and temptations comes, you will stand and boldly declare; IT IS WRITTEN...!

# Weapons of the Ruach (Spirit)

Let's start by examining the sword of the Ruch (Spirit). We are told that the sword is the very Word of **AYAL** (Yahuah), given to us by the Ruch Ah Qudesh.

This is an especially helpful illustration because a sword is a weapon used both for offense and defense. So is Scripture.

To wield the sword of the Ruch (Spirit) is to use Scripture to defend against attacks on truth and to "destroy strongholds" of false beliefs.

For the word of **AYAL** (Yahuah) is living and active. Sharper than any double-edged sword, it pierces even to dividing soul and spirit, joints and marrow. It judges the thoughts and intentions of the heart. **Hebrews 4:12** 

In His right hand He held seven (7) stars, and out of His mouth came a sharp two-edged

sword; and His face was like the sun shining in its strength. Revelation 1:16

"And to the Malak (angel) of the Assembly in Pergamum write: The One who has the sharp two-edged sword says this", I know where you dwell, where HaSatan's throne is. Yet you hold fast my Name, and you did not deny my Amunah (faith) even in the days of Antipas my faithful witness, who was killed among you, where HaSatan dwells.

#### Revelation 2:12

'Therefore repent; or else I am coming to you quickly, and I will make war against them with the sword of My mouth (Word of the Ruach). **Revelation 2:16** 

We must not be afraid to use Scripture against any opinion, ideology, or worldview which would place itself in contention with the Word of **3Y31** (Yahuah).

Of course, in any movie you've ever watched that involves any sort of sword fight (or light saber battle) you'll notice that they are constantly deflecting blows from the enemy—as often as they are attacking with their own sword.

And so it is with the Sword of the Ruch (Spirit). We use it to defend ourselves against error and outright attacks on the truth of **3Y37** (Yahuah) by knowing and wielding Scripture.

Is this not exactly what we saw OWYAL (Yahusha) do when tempted by HaSatan in the wilderness? In Matthew 4, HaSatan tries to tempt OWYAL (Yahusha) with allurements of food, pride, and power. How does OWYAL (Yahusha) respond to each of HaSatan's temptations? "It is written..."

When we are tempted to doubt who **AYAL** (Yahuah) is, compromise the gospel, neglect our spiritual duties, or to decide for ourselves what is and is not immoral, our response must also be, "it is written."

Can you see how vitally important it is to guard your time in the Word? To intentionally set apart a portion of your day to reading Scripture?

We can't effectively wield Scripture to defend ourselves from error if we are not intimately familiar with the truth of Scripture.

This is why we must read Scripture. We must study the Word. We must conform our lives to its truth. We need to be memorizing Scripture so that it will be readily available when attacks come. We should meditate on it day and night.

No wonder there are a hundred other distractions that get in the way of our time in the Word! No wonder the Bible is attacked as an ancient book with little relevance today. No wonder those promoting unbiblical worldviews insist arguments from Scripture don't count.

We must start seeing these things for what they are: calls for us to drop our sword. But we must not do this. What soldier gives up his weapon in the midst of a battle?

We cannot put aside our Scripture as we engage with others. To do so is to set aside that

which **AYAL** (Yahuah) has given for defending truth and liberating others from deception.

### Putting on the Armor of AYAL (Yahuah) Prayer:

We thank you Abbba Father that you hold the victory over sin and death in this world. We thank you **OWYAL** (Yahusha) that you came to set the captives free. We thank you for your redemptive work you've done in our lives. We thank you for freedom and the hope you bring.

We hold your Word of Truth as weapon against the enemy's schemes, and proclaim he does not have authority over our lives for we've been set free. Give us wisdom and discernment to recognize his traps and to stand strong against his work. Fill us fresh with the power of your Ruch Ah Qudesh.

**AYAL** (Yahuah) I am putting on your full armor of protection, so that I can stand firm against all the attacks of HaSatan (the devil).

Father, help me to remember that I do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

**AYAL** (Yahuah) I put on Your belt of truth that I can stand firm that You are the way the truth and the life. Today, I choose to believe Your truth and who I am as a child of **AYAL** (Yahuah). Ruch Ah Qudesh, lead and guide my thoughts and Help me to make wise decisions today based upon Your Word. Help me to speak the truth in love to myself and to others. Let Your truth prevail in all things.

Thank you Father for Your Breastplate of Righteousness. I put it on and it will protect me throughout the day. I remove any thoughts of self-righteousness that would glorify me and distract me from the finished work that **OWY31** (Yahusha) did on the tree. Help me to keep my heart clean and pure before you and to use the Breastplate of Righteousness to resist sin and self indulgence.

Thank You Father for Your good news of Shalum (Peace) to me and to the world. I put on Your Message of Shalum (Peace) that I might share it with everyone I come in contact with. May my footsteps of Shalum (Peace) be secure, lead and protected today! Prepare me to speak with wisdom about Your love and the Barakah (Blessings) you have in store for the upright. Help me to live in Shalum (Peace) and walk as a Peacemaker.

I thank You that You are my shield of Amunah (Faith), You are trustworthy in all things and because of this I can trust what I can not see. Your promises give me Amunah (Faith) and you **3731** (Yahuah), art a shield for me; my Esteem (glory), and the lifter up of mine head. I choose to please You today with all my actions, words and thoughts as I put my hope in You as my Savior, Provider and Protector.

Though I don't always see what You have in store and don't always understand what you are doing, I am forever secure in You. Today, I will sow seeds of Amunah (Faith) that

will result in miracles and Barakah (Blessings).

Thank You Father for saving me from the wages of Sin and Death. I receive your gift of Salvation, Deliverance and Healing. I have the mind of **OWYAL** (Yahusha) and I can do all things through **OWYAL** (Yahusha) who strengthens me. Help me to think pure thoughts and to remember to Hallu (Praise) You and glorify You for making me a new creation.

Make my mind new and help me not to be ignorant of the plans of the enemy. With the Helmet of Salvation, I have the mind of **OWYAL** (Yahusha) and reject the plans of the enemy.

Father, I pick up the Sword of the Ruach (Spirit) which is your Word. Let no evil come off my tongue to speak death or destruction. Help me to speak only Your Words of Truth, Life and Barakah (Blessings), so that I may Build, Encourage and Love others and Myself.

Thank You father for the weapon of Your Word and Your Ruch. When the enemy comes to steal, kill or destroy me or those I love, quicken Scripture to me so that I can stand and fight the spiritual battle. May my sword, your Word be fully exercised to defeat the enemy today!

Lastly Father Give me Your discernment to know immediately the negative thoughts and lies that HaSatan (the devil) sows in my mind. Help me to have only thoughts and words that are from you and give me the eyes of the Ruch (spirit) to see how You see me and the things of the Ruch (spirit).

**AYAL** (Yahuah) I ask all this of you in Your Son **OWYAL** (Yahusha)'s most precious and Set Apart name, for your Honor and esteem, **AYAL** (Yahuah) AMAN!

It is recommended you pray this over you and your family daily! HalluYahuah